

WORLD PEACE HOLOGRAM SESSION
JANUARY 1st 2018
Session Notes for Make Peace Personal
Facilitated by Carolyn Winter
Holographic Coach

TOPIC AREAS FOR PEACE WE ARE INTENDING IN 2018 - name your specific area to focus on for peace in the world. Our current list includes:

- For black people to be treated respectfully by white policemen in USA.
- To heal the division and hatred between people especially in the countries split down the middle - USA and UK.
- Safety and women empowerment , right education in India
- Economic stability in South Africa with excellent GDP growth potential. Job creation and growth. Reduction in crime statistics.
- Sexism permeating most cultures on Earth
- The existence of nuclear weapons and especially the current tensions between the USA and North Korea make the possibility of nuclear war an existential threat to the world.
- Relieve the famine crisis for the children of Africa
- Gun violence, particularly in the USA
- water pollution
- eliminate animal cruelty in the world
- Acts of terrorism
- Homelessness
- Violence in Toronto and surrounding communities. Disenfranchisement of the homeless and mentally ill.
- Funding for health and welfare

WORLD PEACE INTENTIONS

****STATEMENT THAT PROXIES SUBMISSIONS:**

Women India are now empowered with right education. /on

- All black people are respected by white policemen in the USA./on
- People are re-united through their compassion and tolerance to others through awareness training./on
- South Africa is economic stable, has improved GDP growth, a reduction in violent crimes by 50% or more/on
- *South Africa now accepts different cultures and is open to understand, listen and share information for continued growth and peaceful resolution.
- *We release generational trauma and negative beliefs, so we value and respect both sexes equally and we celebrate and embrace both masculine and feminine qualities within ourselves.
- Nuclear disarmament is achieved.

- Gun violence is eliminated in the USA
- Africa now overcomes the famine crisis. There is food for all.
- We support the transformation of all terrorists to experience peace and love in their hearts and to find peaceful solutions for their problems.
- We support all societies and governments to provide homes, appropriate support, and a good standard of living for all homeless people;
- *We have a culture of caring for others; and fairness in distribution of wealth and resources.
- *Toronto and surrounding communities are peaceful, sane, harmonious, welcoming and beautiful places to be. (give an example)
- All countries spend more money for health and welfare and less on the arms race.

* **NOTE** – consider re-wording your Peace intention to be more specific and tangible and then re-submit for our next session. When specific you will be able to observe tangible results. For example a 50% reduction in gun violence, peace talks that are successful, lower statistics of gun violence etc.

PERSONAL INTENTIONS

**STATEMENT THAT PROXIES SUBMISSIONS:

**I resolve my health issues related to digestive problems/on

- I am loving and understanding with all people around me.
- I am centered and in touch with the Divine each day and come from my heart in all my communications with others. GET MORE SPECIFIC
- Transformation SPECIFIC
- I resonate with 100% healthy on an emotional, mental, physical and spiritual level. My body's resonance is aligned with optimal health.
- I clarify and set boundaries in my personal and professional life.
- Eliminate all irrational fear and anxiety from my life
- I write my story in 2018
- I will bring joy and fulfillment into my life through my painting
- I feel deeply loved and cherish, accomplish my goals with ease and experience peace within and outside of myself.
- I am healthy, creative, abundant in useful action, evolving to be better and better.
- I experience unity, peace and growth in my family.
- I have peace in my heart.
- I am healthy, creative, abundant in useful action, evolving to be better and better.
- I easily and effortlessly purchase and move into my own divinely guided lovely home right by the beach. Everyone enjoys my 2018 Chanukah celebration there

BALANCING THE ENERGY OF OUR INTENTIONS WITH THE MERIDIANS:

WATER ELEMENT

BLADDER - I contain my ideas and release my product at the right time/on
 KIDNEY - My emotions flow appropriately/on

WOOD ELEMENT

GALL BLADDER - I choose activities that bring growth/on
LIVER - I create business plans for the near future/on

FIRE ELEMENT

HEART - I bring forth new ideas and avenues for understanding/on
HEART PROTECTOR - I circulate my ideas/on
SMALL INTESTINE - I am happy/on
TRIPLE HEATOR - I bring harmony and balance to relationship /on

EARTH ELEMENT

STOMACH - I stay grounded and centered especially in a crisis/on
SPLEEN - I am stable in my business/on

METAL ELEMENT

LUNGS - I release money generously as naturally as breathing out/on
LARGE INTESTINES - I allow for equal relationship /on

FIVE ELEMENT QUALITIES REPATTERNING:

My role as leader feels uncomfortable because

- No one is listening
 - There is a struggle for power
- /off

In my role as leader I am heard, there is mutual respect and we are all empowered/on

Fire Qualities - I sort things out with clarity and take in what is rich/on

Metal Qualities - I am comfortable and confident doing the wph session and I do it correctly/on

We are now “On” and resonating with the positive and life enhancing patterns identify in the session and “OFF” or cleared for all the non- coherent or negative statements. What we resonate with is what we tend to experience in our lives.

ABOUT CAROLYN WINTER....

Carolyn Winter is the Online Coordinator at <http://www.Ozardis.com>, who also has her own successful practice as a holographic coach at <http://www.LightTravels.net>. Find out more about her or how to obtain a personal session at the Repatterning Practitioners Association site [RPA FIND A PRACTITIONER...](#)

MAKE PEACE PERSONAL in 2018!