

WORLD PEACE HOLOGRAM SESSION

July 1st 2018



Session Notes for Make Peace Personal Facilitated by Carolyn Winter Holographic Coach

ENERGY EXCHANGE REPATTERNING – in this session we address the energy patterns in our relationships. When two or more fields of energy (you and me) combine there is an automatic exchange of energy. When coherent the exchange supports interaction exchanges that are built on compassion, trust, love, joy etc. When non coherent, the exchange of energy can be reactive, explosive and limits growth of the relationship. Whether on the world stage of leaders or in our personal relationship we all benefit by resonating with a coherent exchange of energy at any level.

POSITIVE ACTION: Spend time reading any spiritual literature within the next month; Suggest Terry Patten's book "A New Republic of the Heart" <https://www.terrypatten.com/>

Relationships Issues and Intentions: (these proxy all submissions since January 2018)

For the world:

Issues: There is a clash of values, lack of compassion, and non coherent behaviors among world leaders disrupting harmonious leadership relationships that makes cooperation among countries possible. /off

Intentions: Harmonious relationships among world leaders based on compassion that supports cooperation among all countries for a new unprecedented era of peace. /on

YOUR WORLD PEACE INTENTION GOES HERE:

/On for the positive statement

Personal Intentions that proxy everyone's submissions:

- I have success in my work./on
- i live my life as an example of peace./on
- I develop new healthy and loving friendships in my local area /on
- I listen with patience and understanding to the differences of opinions expressed by family and friends and acknowledge others for their point of view./on

YOUR PERSONAL INTENTION GOES HERE:

/On for the positive statement

Energy Exchange Repatterning

REACTION Patterns - I feel unprotected to let a world leaders _____ intense energy in/off
(complete with the name of a world leader relevant to you if any)

TRANSACTION PATTERNS - I hold myself back from love because I am afraid to absorb certain frequencies from world leaders/off

INTERACTION PATTERNS: Our fields don't mesh to create transformation and expansion for both of us/of

PATTERNS FROM THE RELATIONSHIP CONTINUUM –

- Colleague - I complain about my colleagues action to others rather than directly communicate with them. /off
- I open to my colleague relationships evolving and deepening in trust over time/on
- I am energized by being in touch with world leaders/on
- I let go of my painful memories, free up the flow of my energy and create a strong magnetic field for positive relationship in the present./on

ENERGY IMPACT OF THE NON COHERENT EXCHANGE OF ENERGY ON OUR CHAKRA SYSTEM:

Earth Chakra - We have the stamina to preserver through any obstacle/on

Water Chakra I discharge my emotional frustrations/off

Fire Chakra - We don't change what isn't working in our relationship and instead we end up fighting/of

Heart Chakra - I feel jealous and possessive and end up discharging my upset and anger/off

Ether Chakra - We communicate without words/n

COMMITTEMENT PATTERN NEEDED:

- We are committed to loving each other unconditionally beyond our weaknesses/on
- I take whatever time is necessary with world leaders to discover whether we are compatible energetically and in our values/on

Spiral Up Options to create coherence for these patterns – the left nostril breathing exercise

The Session is Complete

“The statements have cleared and the session is complete. We are now “ON” or resonating with the positive and life affirming patterns and cleared or “OFF” for the negative or non coherent patterns. “ – Carolyn Winter

INTEGRATE THE SESSION - Remember what we resonate with is what we experience. Our resonant energy impacts the world!

Take time to reflect on one or two of the patterns in this session. How do you now see peace improving in the world? How are your intentions manifesting?

Lovingly facilitated by

Carolyn Winter

Holographic Coach

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ABOUT CAROLYN WINTER....

Carolyn Winter is the Online Coordinator at <http://www.Ozardis.com>, who also has her own successful practice as a holographic coach at <http://www.LightTravels.net>. Find out more about her or how to obtain a personal session at the Repatterning Practitioners Association site [RPA FIND A PRACTITIONER...](#)

MAKE PEACE PERSONAL in 2018!